The emergency preparedness events are some of the most difficult in HOSA's CE program. It takes time to learn the skills being asked of you. Consider the following to really perform well...

1. Carefully read through the event guidelines

2. Find the books required for Round 1 test

3. Study the related material for Round 1 test

4. Partner with a local EMS to help you learn the skills

5. Practice your event often in front of a friend or parent

6. Know what to bring to competition and show up early